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IMPACTS OF Russia-Ukraine War

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Ramadan & Patience

Ramadan is a holy month of fasting, introspection and prayer for Muslims. Fasting is one of the five fundamental principles of Islam. This month teaches us that Islam is the religion of peace, love, harmony and tolerance. The Holy Book Quran also teaches the same for the entire humanity. In this month, Muslims from all over the world keep fast from the time of dawn to dusk.

Fasting in Ramadan teaches us the patience, peace, tolerance, serving humanity and above all Taqwa. Despite of all, what a Muslim portrays the image during Ramadan is unfortunately in-tolerance, in-justice to humanity, creating panic, rush & hassle. However, this has never been the part of Islam nor favourable for Muslims.

During Ramadan, we often see the particular rise in road accidents, inflation, hoarding, clashes, use of abusive language, harsh behaviour, lack of patience and peace among everyone, which is totally opposite to the spirit of this holy month. We should help the needy people, ignore such harsh behaviour or any sort of intolerance. A positive attitude of patience and peace is most required in these special days of Ramadan to serve the humanity with the blessings of Almighty Allah.

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The Editor

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By Rizwan Inayat

The eyes of the world are now focused on Russia's aggression on Ukraine. Ukraine's wish to join the European Union and NATO membership, which resultantly cause the Russian invasion, but Ukraine could not become a member of either NATO nor the European Union. In the current situation, the world is divided into two groups. The first group includes China, Russia and their allies, while the second group includes the United States, Israel, India and their allies.

The United States is somewhat successful in provoking China's neighboring countries against China like Japan, Philippines, Taiwan, Hong Kong, South Korea, Vietnam, Indonesia, Brunei and Australia, while the European countries do not want war with Russia because Russia is the major supplier of Oil and gas to Europe.

China has offered Saudi Arabia and other countries to trade Oil in their currency instead of in dollars, and Saudi Arabia agreed to start Oil trade with China in Yuan currency instead of Dollars, which is a big blow to the US currency and it will overcome the dominance of dollars in Oil trade market. However, If Saudi Arabia remained pro-US instead of joining the Chinese block; China would be able to buy it from Iran instead of Saudi Arabia.

China buys \$40 billion worth of Oil an-

nually from Saudi Arabia, while Iran is willing to give it to China at half price.

On the other hand, the head of the IMF has predicted a harmful impact on the global economy due to the Russia-Ukraine conflict, which drastically raised Oil prices to \$110 per barrel in a short period.

Russia's stock market has fallen by 40% while global stock markets including Pakistan have also crashed. Gold and dollar have risen to record highs, while International bond prices have fallen by more than 10% and the \$100 Pakistani bond has fallen to \$75.

Pakistan's fuel import bill has already risen to unbearable levels due to rising oil prices and the country cannot afford further increases.

The United States and Europe have imposed economic sanctions against Russia over the Ukraine invasion, besides all flights from Russia to Europe have also been cancelled, the Russian currency has depreciated by 10% and all Russian assets and funds in European and American banks are frozen. Furthermore, Russia and Ukraine produce 40% of the world's wheat, making Ukraine the third largest exporter of wheat in the world.

Disruption in wheat and gas supplies will lead to food security and other economic problems.

Ukraine is a country in Eastern Europe with 85% Christians, 2% Muslims and

Russia's stock market has fallen by 40% while global stock markets including Pakistan have also crashed. Gold and dollar have risen to record highs, while International bond prices have fallen by more than 10%

people of other faiths. Among the states gaining independence from Russia, Ukraine is the second-largest country in terms of area after Kazakhstan with an area of 603548 sq. km.

Ukraine is bordered by Poland, Slovakia and Hungary to the west, Romania and Moldova to the south.

Pakistan needs to expand its ties with the United States and Europe through China-Pak Economic Corridor, Gas Pipeline and Steel Mill projects in the region and should remain neutral in the Russia-Ukraine conflict without compromising its relations with the US and Europe, which would be a reflection of our successful foreign policy, because, in the current critical economic situation, Pakistan cannot tolerate the anger and opposition of the US and Europe.



Seven Months of Taliban Rule

By Saqib Ali

The Taliban, an Islamist hardline group that ruled Afghanistan from 1996 to 2001, retook power on August 15 and announced the formation of a caretaker government on September 7.

Despite the Taliban's announcement of a general amnesty for former government and military officials who worked with the former US-led regime, former Afghan officials and human rights activists, faced reportedly nonstop violence, detention, killings, and enforced disappearances.

Almost seven months into their rule, as an authority, the Taliban face numerous internal and external obstacles and challenges. Furthermore, common citizen Afghans are facing multiple hardships as a result of the suspension of financial humanitarian aid by US allies and Western governments since the abrupt withdrawal of NATO and its allies last year, which has led to the terrible hunger and starvation in the country.

Since the withdrawal of its occupation forces from Kabul, US President Joe Biden has frozen nearly \$9.5 billion in assets belonging to the Afghan central bank, exacerbating the miseries and hardships of the war-torn nation.

According to a human rights watchdog, at least half of the 39 million-strong population is at risk of starvation and

malnutrition. As a result, several Afghan citizens were reportedly forced to sell their children or marry off their minor girls in order to meet their basic needs.

Insecurity, political instability and a broad-based economic collapse created a new level of crisis, dropping many people from extreme poverty into unconditional crisis after the abolition of the former regime.

Another setback for the Taliban came when highly educated professionals, including millions of Afghan nationals fled the country, seeking refuge in Western, European, and neighbouring countries due to alleged life threats. However, the Taliban has been working hard since the beginning of the conflict to resolve civilian issues and to put the country on the right track towards progress and international recognition of their government.

And apart from all of this negativity, a significant positive development occurred last week when the Taliban reopened Afghanistan's main universities nearly seven months after the Taliban seized power, but only a trickle of women returned to now-segregated classes.

Human Rights activists were afraid that the Taliban would be barred the girls from education -- as happened during the first rule of the hardline Islamists, from 1996-2001.

In contrast, the Taliban has repeatedly

stated that they will allow girls to attend school and colleges under the conditions and limitations represented by Islamic Sharia. Furthermore, one of the most dramatic changes brought about by the Taliban takeover of Afghanistan seven months ago is a significant decrease in violence. However, that does not mean that everything is progressing well in a country torn apart by four decades of conflict.

In addition, unlike in the 1990s, the Taliban now allows some women to work. Women are back in the health and education ministries, as well as at Kabul International Airport, often working alongside men. Women, on the other hand, are still waiting to return to work in other departments.

Thousands of jobs have been lost in the economic downward spiral, women, journalists, musicians, businesses and other professions have been hit hardest so far.

Now it's up to the Taliban's strategy, whether they make the soil oppressive for her son, or respect the rights of every community to make progress towards peace and stability.

The world is looking towards Taliban that whether they overcoming the miseries and hardships of citizens or further intensifying it.



The Return on Education

By Mujeeb-ur Rehman

Education has been provided for the purpose of human capital formation and human resource development by societies for centuries. Human capital is termed as the abilities, knowledge learned through education, improved capabilities of individuals, and promise for livelihood earnings to people. Education has the potential to increase the productive ability of individuals.

Education can also justify the grandiose agglomeration of government earning mechanism that can be understood as government net income, achieving taxation targets, the state's financial and funding interventions in public affairs, and making pathways for better policy recommendations and implementations in due time and given a budget to prosper the economic and social lives of the citizenry.

The rate of returns is associated with education and defined as the value of lifetime productivity and socio-financial earnings of individuals. Academic studies and observations of educated people report that there is a positive relationship between years of schooling and earnings, thus justifying public and private investments in education and educational policy designing of the states for its citizens.

The national education policies and public spending on educating people are justified on the basis of two types of

returns to education in any society or state. These are private and social returns to education. Private return to education consists of the student's degree, diploma, life expectancy with better health, job, and opportunity for getting better careers with time and experience. One of the reports of the World Bank empirically shows that the rates of returns to primary education are 20 percent, a secondary level of education is 14 percent, and a tertiary level of education is 11 percent to individuals in their earnings across the globe. For Pakistan, an additional year of schooling increases the average rate of return up to 7 percent for individuals across national labour markets.

The social return to education means that society gets to progress, understanding civic roles, rational decision making, making responsible citizens, learning norms, social and religious harmony, a decrease of crime rates, and public knowledge to expose the power of ballot for creating democratic societies. It is well evident that political decision-making became prosperous in educated societies and states across the globe since the dawn of human civilization.

The Constitution of Pakistan provides free and compulsory education and its access to all the national population from age 5 to 16 years. In addition, education is one of the most effective keys by which a nation uplifts its socio-economic fronts to development. That is why, parents

that invest more and optimally for their children's education result in better prospects of long-term job creation, employment opportunities, personal, business development, and civic sense development among children. Education is directly contributing to national causes of integrity and development, sense of responsibility in citizens, and many other social benefits that ultimately contribute to the progress of a nation.

More investment in education is likely to create knowledge creation in multiple fields of science and technologies, innovation, and providing technical and vocational skills to the youth bulge that may spill over into higher productivity in almost all the fields of national life of Pakistan. Different economists and researchers have used various parameters and indicators to measure multiple aspects of such returns to education. The most common is the years of schooling, experience after schooling, the levels of vocational skills, technical capabilities, innovation and creativity indicators, quality of education, and the level of schooling, to mention a few. Quantifying indirect returns to education is a challenge to measure yet faced by social scientists. Similarly, the payoff matrix of education varies across individuals and fields of sciences and labour market responses across the globe.

The writer is Research Officer, Baluchistan Think Tank Network (BTTN)



Fear of Public Speaking

By Uzma Zahid

Death is the number two fear that people have, and public speaking is the first! “Sidney Sheldon

When you consider facing a large audience and standing alone on stage with hundreds of eyes staring, the audience seems to be a herd of sheep waiting for its prey.

No matter how many inspiring ideas we have to inspire, we don't share with others due to public speaking phobia. Public speaking phobia compels us to wear the veil of silence and avoid expressing our thoughts in front of people.

Why do we face glossophobia? Experiencing the fear of brain freeze in public speaking is common. Having an audience's attention while standing in silence feels like a form of judgment and rejection. What if people dislike me?. What if I make a mistake?. What if people laugh at me?

Although stage confidence is not everyone's cup of tea, we can build it by practicing a few techniques. According to Ralph Waldo Emerson,

“All the great speakers were bad speakers at first.” The world witnessed great public speakers who were extremely shy but later on, they illuminated the world with the spark of their voice. Glossophobia, or fear of public speaking, is not limited to talent or knowledge. Even

the most talented people are hesitant to confront a massive audience. Let me take you back to my school days when I was invited on stage to express my thoughts about scoring the first position. It was a horrifying moment. I was trembling with fear. The podium looked a hundred miles far away, which was

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as difficult as climbing over a mountain. My heart palpitations resulted in intense anxiety. I started speaking with my quivering voice. How did I learn to overcome my fear of public speaking? Definitely with some easy tips and practice. Being an adult, I learned a tip from my friend when she was driving the car. According to her, EIDAB is a safety rule. It sounds unusual, but that's the technique to safety. The EIDAB rule

is to assume everyone is deaf and blind around you. You are the only one who can see and hear, it makes us alert safe from accidents. I realized if we visualize the same rule for public speaking, it works. When you think nobody is looking at you, only you can see, it will enhance the energy to speak with confidence. Hence, this is the key to eye contact with the audience.

Consequently, fake it till you make it is another golden tip to overcome the fear of public speaking. Practicing this formula will help to get rid of glossophobia for good. While confronting the audience, pretend as you are unfrightened. You will feel the moment of dominance, confidence, and unmitigated triumph.

There is a Japanese proverb, “Fear is only as deep as the mind allows.”. Another reason which causes glossophobia is misinterpreting the facial expressions of the audience. If you have eye contact with the audience and see blank faces, it is not a signal of boredom but can be a sign of engagement in the speech. We should take the facial expression positively while presenting.

Moreover, practicing in front of the mirror and visualizing your audience while practicing will have a calming effect and help to overcome glossophobia. Additionally, pausing strategically between points lessens nervousness during the speech, and believing in yourself will ignite the passion for conquering the hearts.



Divorce: A Taboo in Pakistan

By Roshana Waqas

In most societies, people won't think twice while filing for divorce. You don't get along? Are not emotionally capable of continuing this relationship? That's okay, you can just file for divorce from your spouse. Unfortunately, that is not an option for most couples in Pakistan because of the taboo surrounding divorce. Being a divorcee in Pakistan is like being rejected from society, especially if you are a woman. No matter how hard-working and successful you are in life, it means nothing if you are divorced. Success in Pakistan is measured in how well your marriage is going. To keep up that image people go very far. Women will suffer as much as they can to keep with the "happy wife" facade. For a man, divorce is as easy as it gets but for a woman it's a much more complicated process. A man only has to have two witnesses and he can give divorce in a verbal or written form. While a woman has to file for khula (ask the man for divorce), this can then go to court.

Deadly Consequences

The stigma surrounding divorce in

Pakistan has some serious consequences. The concept of "divorce" has given men power over women which they can use to ruin their life. So many women are ruled over by their husbands because of this concept. Men will give threats of divorce to boss their wives. In many toxic marriages, both husband and wife suffer till they are dead instead of filing for a divorce. Divorce in many cases in the very last option and is only taken into consideration if the situation is very extreme. In many domestic violence cases, women usually tolerate as much as they can for the sake of their respect and dignity. In the eyes of Pakistani society, a woman is usually the cause of divorce. People find any excuse to blame it on the woman. If she is physically assaulted they might say, "It was just a slap! Why did she overreact?" or if her husband cheats on her "She did not satisfy him." Due to these high standards that society has for a woman, a marriage in Pakistan is greatly one-sided, where a woman sacrifices her life for her family, while a man is allowed to contribute very little to his family. In many divorce cases, the man's ego may feel threatened and the consequences may be harmful or even deadly to the woman.

High Divorce Rates in Pakistan

Divorce rates are getting higher in recent years in Pakistan. What are the reasons? The reasons for higher divorce rates in Pakistan are way different than in other countries. In Pakistan, women are now more educated and are aware of their rights, and refuse to suffer just to keep a marriage intact. A divorced man has more chances of remarrying than a divorced woman. A divorced woman is good as "used". The whole concept of "marriage" in Pakistan is dependant on how much exactly a woman can suffer and tolerate. Even in some cases, men also have to live through toxic marriages all their lives instead of getting a divorce. Many people frown upon divorce especially if it's initiated by women, especially if it is a working woman. Though a woman working is becoming the norm in Pakistan, there is a huge misconception that a working woman can never handle raising a family. This misconception is never applied to a man even though he is too raising his family. The concept of dividing housework and raising children together is abnormal in Pakistan. Sure, there are some men that help their wives at home. The issue is that a woman doing chores

and raising children are expected but for a man it is ideal.

Society needs to realize that marriage is a two-person concept and should never be dependant on one.

Discrimination Faced by Divorced Women

The discrimination between a divorced man and a divorced woman is very clear. A divorced woman will in most cases be labeled as vulgar and shameful. Even when it comes to marrying again, a divorced can still get married to an un-

married and young girl, while a divorced woman has to do whatever she gets. This social discrimination makes the life of a woman very hard. Everyone believes that the only value of a woman is taking care of her husband and children. That is why when she is divorced her "value" deteriorates.

Last Say

Society needs to realize that marriage is a two-person concept and should never be dependant on one. Women need to stop being the punching bag and not be told that they should just "take it". The divorce rate was lower in the olden days because of the stigma surrounding it. At that time people thought of divorce as something forbidden. Today that is not the case, if a couple or if any of the two is not satisfied and happy then they have every right to a divorce. Divorce is frowned upon in Islam, but it is also

a personal matter and no third party should have a say in what is right and what is wrong. Pakistani people always put more effort in forcing others to follow Islam than following it themselves. The same is the case when it comes to divorce, it is not forbidden for anyone to have divorced, in fact, Islam allows it. People should realize that peace of mind, freedom, and someone's life is way more important to have, even in the expanse of getting a divorce. If a couple feels the need to have a divorce, they should and women should not feel like their lives are ruined because of it. The discrimination and shame a woman goes through when getting a divorce is real. The taboo of divorce should be eradicated from Pakistani society, and people need to start thinking rationally. The concept of marriage also needs to change and stop depending solely on women.

• Views expressed in this article belong to the author, and may not reflect the editorial policy.



How to Welcome Ramadan!



By Ghulam Yaseen

IT is a piece of very good news for all the Muslims that barely a few days are left between us and the highly blessed month of Ramazan.

Muslims all over the world feel very rejoice when they hear the coming of Ramazan. The month of Ramazan is like a most-awaited and special guest for the Muslim community because this month comes with a lot of bounties, blessings, gifts and manifold rewards from our creator Allah.

In the upcoming lines, we will shed light on the blessings of this holy month and will also illuminate how to get benefits more and more from this blessed month. Blessings of Ramazan in Quran and Hadith: The month of Ramazan has countless bounties and blessings for all mankind and especially for Muslims.

This is the month in which Allah revealed His last message for guidance in the shape of the Holy Quran; in which the Allah Almighty says: The month of Ramazan in which was revealed the Qur'an, a guidance for the people and clear proofs of

guidance and criterion.

(Albaqara:185) Abu Huraira reported that the Holy Prophet said: When the month of Ramazan starts, the gates of the heaven are opened and the gates of Hell are closed and the devils are chained. (Muslim) . Once on the last day of Sha'ban, our Last Prophet (M-SAWW) addressed his companions saying: Oh, people!

A great month has come over you, a month full of blessings, a month in which is a night better than a thousand years. Allah has made fasting in this month obligatory upon you and voluntary to pray on the nights of Ramazan.

Whoever draws nearer (to Allah Almighty) by performing any of the (optional) good deeds in (this month) shall receive the same reward as performing an obligatory deed at any other time, and whoever performs an obligatory deed in (this month) shall receive the reward of performing seventy obligations at any other time.

It is the month of patience, and the reward of patience is Heaven. It is the month of charity and a month in which a

believer's sustenance is increased.

Whoever gives food to a fasting person to break his fast, shall have his sins forgiven, and he will be saved from the Fire of Hell, and he shall have the same reward as the fasting person, without his reward being diminished at all.

Seven ways to welcome the month of Ramazan:

1. Fasting with patience and faith: The most crucial and essential obligatory act is to have fast during Ramazan with patience and sincerity.

It is narrated by Abu Hurairah that the Holy Prophet said: Whoever fasts in the month of Ramazan out of sincere faith, and hoping for a reward from Allah Almighty, then all his previous sins will be forgiven.

There is a gate in Paradise called Ar-Raiyan, and those who observe fasts will enter through it on the Day of Resurrection and none except them will enter through it.

It will be said, 'Where are those who used to observe fasts? They will get up, and

none except them will enter through it. After their entry, the gate will be closed and nobody will enter through it.

2. Intention and Sincerity: Intention and sincerity is the most required factor in all our good deeds.

According to a Hadith narrated by Hazrat Umar, the Prophet of Allah said: The reward of deeds depends upon the intentions and every person will get the reward according to what he has intended.

(Bukhari) To achieve this objective, it would be beneficial to dedicate some time before starting Ramazan and pray (make dua) with full concentration to Allah Almighty to assist you in getting sincerity in all your good deeds in this month.

3. Repenting and staying away from sins: Ramadan is the best opportunity for all Muslims to repent from their sins and return to the right path of Allah Almighty and His Prophet (SAWW).

On each and every night of this month, a large number of people are released from Hellfire and are entered into paradise.

Give up all the sinful actions and come in the mercy of Allah Almighty. Avoid backbiting, telling lies, slandering, and defaming other Muslim brothers and

sisters.

These things are strictly forbidden in Islam all the time but more strictly while fasting.

4. Make strong your relationship with Holy Quran: Holy Quran and the month of Ramadan have a strong relationship with each other.

Dedicate a least one hour a day and one hour at night to recite the Holy Quran in the month of Ramadan.

Recite at least one Juzz from the Holy Quran and make sure to complete it before the end of this month.

6. Spending money for Allah's pleasure: A true Muslim should be generous, helping the poor and weak community of the society by spending wealth all over the year but Ramadan is the month of generosity.

Obligatory Charity (Zakah) is the second most important element of Islam after Faith and Salah.

Spending his wealth and money with sincerity and pure intention is one of the most splendid acts for a Muslim.

Every Muslim who has some wealth should spend as much as he can in the month of Ramadan as Obligatory and

Voluntarily charity to help the Muslims and get the paradise and pleasure of Allah as a reward.

7. Spend your time in Allah Almighty's remembrance: A true believer of Allah spends his life remembrance His by praying five times a day, reciting the Holy Quran, Sunnah Azkaar and Duas.

Remembrance of Allah Almighty has more importance for us in the month of Ramadan.

All the day we don't eat or drink for the sake of Allah Almighty, so it is crucial not to waste our precious time in such activities that have no benefits for us in this world or in the hereafter.

Conclusion: In a nutshell, Ramazan is the best gift for all Muslims with a lot of bounties and blessings from the Allah Almighty.

Make each and every second of this month most valuable by fasting in Ramazan with sincere intention, performing five times prayers in a mosque, reciting the Holy Quran, and spending your wealth for the sake of Allah Almighty.

May Allah Almighty accept all our worships in this month and grant us His pleasure and Paradise as a reward.





A New and Modern Kazakhstan

By Muhammad Asif Noor

President Kassym-Jomart Tokayev, the vibrant and forward-looking leader of a new Kazakhstan, has presented a plan of political reformation in the country during his State of the Nation address at the Parliament. President has proposed to create a new administrative structure sanctioned by the legislature where Kazakh will receive more opportunities to participate in state affairs rather than a centralised strong president with unlimited powers.

In his address, President Kassym-Jomart Tokayev has outlined a road map for the country to move ahead with plans related to governance and other matters of national ethos. While reiterating the fact that the country has long come out of post-1991 instability, which necessitated the president with absolute powers but with the changing time, the political landscape should change according to the modern-day realities.

President Tokayev was elected in 2019 when President Nursultan resigned from his office after three decades of rule in Kazakhstan. The premise of this new reform plan is to change the absolute or “super presidential” powers held by the Nursultan to change into decentralisation of power. It is the plan of creating a “New Kazakhstan: The Path of Renewal and Modernization,” where the President does not wield “super presidential” powers whereas sovereignty belongs to

the Kazakh people.

President Tokayev declared that the concentration of power within one authority is a fundamentally flawed plan and reiterated to move away from this practice. In this regard, President Nazarbayev resigned from his seat of Presidency, party leadership and chairmanship of Kazakh Security Council.

President Tokayev, a reformist personality, outlaws the practice of absolutism in the country and acknowledged the changing political landscape in the country, region and beyond. He termed the political reforms as the base of socio-economic reforms in the country and a watershed moment in the life of the Kazakh people. But he was right to fear the consequences of any impulsive and wrong decision during political modernization.

It is worth mentioning here that these reforms are introduced in the backdrop of political instability in Kazakhstan earlier this year. Additionally, the reforms were introduced around the third anniversary of the resignation of President Nursultan. Thus, President Tokayev termed political stagnation of thirty years a reason for the political turmoil of January 2022.

In the backdrop of these developments, it was deemed necessary to let go of absolute powers and give people their true representation in the election process as the reforms focus on cutting down the powers of the presidency, transforming

legislature, electoral system, party system, and the election process.

The further expansion of reforms would focus on human rights, social institutions, civil society and media freedom. In line with the decentralization of powers, President Tokayev presented a detailed overview of changes intended in administrative structure to make room for local governments and devolution of power.

The new reforms would attempt to decouple the state executive office and party leadership. The future presidency of Kazakhstan would neither hold absolute powers nor have political civil servants appointed at the President's discretion.

The reforms plan further delves into elections of local bodies and specifies indirect election of regional akims. It is worth mentioning here that urban akims were directly appointed by the president previously but new reforms would require an election to reach the office.

These are very positive steps in the right direction to empower the local strata of society and give them a voice in state affairs. The reforms plan is refreshing and promising given the recent political instability because it will bring long term stability. At times when there is war in the immediate neighbourhood Ukraine, Kazakhstan is focused on its people and future.

The writer is Founder (Friends of Belt and Road Forum).

Horoscope for the month of April 2022

Aries

March 21 - April 19

Your sign lord, Mars, will remain exalted in your tenth house of professional career, till 7th of this month, which is indicating your upper hand over rivals and competitors. In addition to this, placement of Saturn in the same house is creating favourable atmosphere to get critical things done easily.

Taurus

April 20 - May 20

Your sign lord, Venus, seems there in Aquarius sign, till 27th of this month, to offer you best results at your place of work. The Sun is already present there in Pisces sign to form 'BudhAditya Yog' with Mercury and offer you financial gains. Pisces sign comes in the eleventh house of income in your horoscope and this transit will spell financial bliss for you.

Gemini

May 21 - June 20

Great moments are predictions for you as your sign lord, Mercury, is travelling through your tenth house of career, with the Sun, creating 'BudhAditya Yog', from the beginning of this month. Then, entry of Mercury into Aries sign will make Him more powerful, after 8th of this month, to bring you long-expected changes in the career front and make you happy.

Cancer

June 21 - July 22

Exalted condition of Mars, till 7th of this month, is asking you to take the chance to enhance your social image and make you shine all around. The Sun will enter into His exaltation sign Aries on 14th of April to improve the equation of success visibly.

Leo

July 23 - Aug 22

Your sign lord, the Sun, is going to enter into Aries sign, on 14th of this month, to become exalted, means most powerful, and provide you more than enough support from Lady Luck. Unpredictable planet for our zodiac, Rahu, is already placed there in your ninth house of luck, in fiery sign Aries.

Virgo

Aug 23 - Sep 22

Your sign lord, Mercury, seems there in Pisces sign, till 8th of this month, to create auspicious 'NeechBhang Raaj Yog' and help you to shine in your social arena to ensure your proximity towards success. Transit of Rahu, in fiery sign Aries, on 12th of April, is showing increase in your confusions to change the current preferences of your life.

Libra

Sep 23 - Oct 22

Your sign lord, Venus, will join Jupiter in Pisces sign, in your sixth house, at the end of this month, to create a strong 'Vipreet Raaj Yog', to bring the troubled waters well under your absolute control and restore your peace of mind.

Scorpio

Oct 23 - Nov 21

Your sign lord, Mars, is ideally placed in your third house, till 7th April, being exalted, to increase your courage and help you to take calculated risks successfully. Short duration journeys, association with influential persons are the ingredients of this month for you to grow leap and bound.

Sagittarius

Nov 22 - Dec 21

Your sign lord, Jupiter, is going to enter into His own sign Pisces, in your fourth house of materialistic comforts, from 13th of this month, to turn the door of professional success open for you. Association of exalted Mars and Saturn, in your second house of finances, in Capricorn sign, is foretelling the possibility of break-through in money matters.

Capricorn

Dec 22 - Jan 19

The Sun will be there in your fourth house, from 14th of this month, to become exalted, to offer you new opportunities in the area of work. Most auspicious planet for your sign, Venus, is present in your second house of finances, till 27th of this month, to shower you with opportunities to make money, to your satisfaction level.

Aquarius

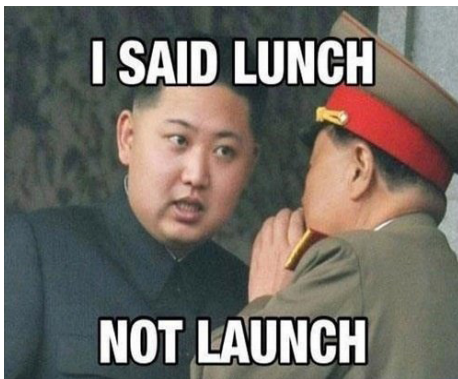
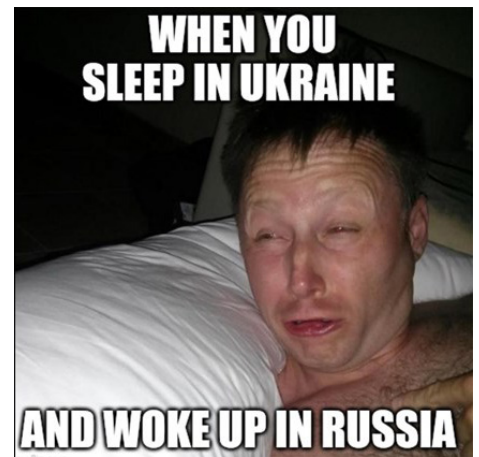
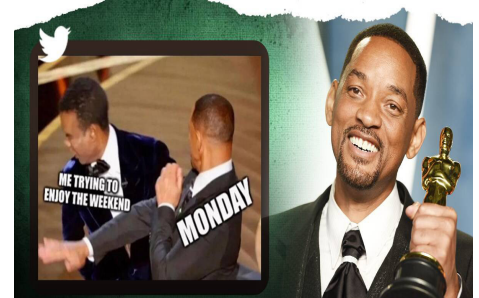
Jan 20 - Feb 18

Presence of Jupiter and Venus, in your sign, is predicting about prosperity and affluence for you, to register significant changes and shoulder major responsibilities at work. Jupiter rules your second house of finance as well as eleventh house of income and Venus is your luck house lord.

Pisces

Feb 19 - March 20

Your sign lord, Jupiter, is entering into your sign, on 13th April, to join the Sun, for a short while, that may bless you with windfall gains from least expected opportunities. Presence of a strong Rahu, in your second house, is capable to offer you financial bliss, beyond your expectations.



When people say that Fox News is biased but they think CNN is reliable



Kitchen Corner**Dr. Samina Zahid**

Tried and tested recipes



Brownie Cake

DRY INGREDIENTS

1. All purpose flour.1 cup
2. Salt.pinch
3. Cocoa powder 3/4 cup
4. Baking soda.1 teaspoon
5. Baking powder 3/4 teaspoon
6. Sugar 1 cup

WET INGREDIENTS

Oil. 1/4 cup
 Egg. 1
 Chocolate essence/oil .few drops
 Coffee 1 teaspoon dissolve in 1/8 cup water
 Milk. 1 cup..add gradually during folding

STEPS

Sieve dry ingredients twice
 Beat wet Ingredients
 Mix both and fold with spectula gradually
 Pour material in baking pan and bake at 350dg F
 in preheated oven for 1/2 hour..
 Pan size..9 in round pan

TOPPING

1/2 Packet cream
 Boil it and add chocolate chips/Milk chocolate during
 stirring until dissolved...

When cake cools pour over it the cool topping
 E N J O Y



- 100% Pure and Farm Fresh Whole Milk
- Freshly packed pollution and dust free
- No preservatives and no harmful medications
- Also provide Cheese, Desi Ghee, Desi Eggs
- Pure Honey, Meat (Mutton/Beef/Chicken)

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